



# St. Mark's Anglican Church

## The Messenger

– February 2019 –



"I was glad when they said to me, we will go into the house of the Lord." – Psalm 122:1

HOLY COMMUNION: First, third, fourth and fifth Sundays

MORNING PRAYER: Second Sunday

### ALTAR GUILD

February 3 –  
Kaye Chiles  
Kirsten Olesen

February 10 –  
Carol Lyon

February 17 –  
Cathy Johnson

February 24 –  
Sally Chambers

### FEBRUARY Fellowship Meals

**1st Tuesday,  
February 5  
Breakfast:**  
Waffle Barn  
1050 Pleasant Grove  
Blvd, Roseville  
9:30 am

**3rd Tuesday,  
February 19  
Lunch:**  
Venita Rheas  
4415 Granite Drive,  
Rocklin  
11:30 am

**4th Tuesday,  
February 26  
Dinner:**  
Claim Jumper  
250 Harding Blvd,  
Roseville  
6:30 pm



**G**reetings and Blessings to one and all. I pray everyone is looking forward to a Wonderful February.

I am glad to hear that everyone made it through the recent storms better than the Johnsons with a tree falling on our home! But not to worry, no one was hurt. Actually it was more than a tree – three fell on the house and two on the fence. Repairs may take up to six months.

One week from today (February 10th) is our annual meeting. I'm looking forward to seeing all of you. Everyone will receive an annual statement for 2018 of parish events along with our financial position as reported by our treasurer plus we will announce a few special recognition awards. Two of our Vestry members will end their three year service time, and we will be introducing our new Vestry members.

The ACNA Calendar indicates it is a pretty quiet church month. This is a good time to spend in prayer and reflecting on how you as an individual are doing in your spiritual life, fully knowing that our Triune God and your Guardian Angel is watching over you!

This month we proceed with the Fourth through the Seventh Sunday after the Epiphany. The Presentation of Our Lord Jesus Christ in the Temple by a couple who were promised to see Jesus before they died. Who can tell me the names of this couple?

For those of you considering what to read these next few weeks may I suggest the Gospel of Luke. During February our Gospel readings for the first few weeks will be the focus of our Sunday service. Remember, the readings are listed on the backside of the calendar you received a while ago.

Most of us celebrated a special day every year when we were in elementary school. Some continued this celebration into adulthood. Of course I am talking about February 14th, which is Valentine's Day. Who was the real Valentine and how did

this day become one of the most romantic of holidays?



St. Valentine was a real person. The legend of Valentine's Day is said to have originated during the third century in Rome, under the reign of Emperor Claudius II. During his reign, Claudius decided that single men made better soldiers, so he outlawed marriage for young men. A young priest named Valentine decided the law was unjust and began defying the Emperor's decree by continuing to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death. During his time in jail,

CONTINUED >

FEBRUARY 2019

MESSAGE FROM FR. CARL (continued)

Valentine fell in love with his jailer's daughter, who visited him in prison. Before he was put to death, Valentine sent a letter (first Valentine card!) to the lady signed "from Your Valentine," the basic expression we still use every year during this holiday.

Recently, I was told about a relative in need of prayer. I was blessed to visit him in the hospital along with more than a dozen of his extended family. It is my honor to visit those in need and when appropriate bring the Body of Christ to them and to those with them. So please, if you know of someone who needs a visit, please let me know. My practice is to pray healing prayers and also to pray for individuals in our parish family who need special prayers. Remember these visits are extended to those of you in your home as well to bless you and/or to prepare you for any sacraments you would like to discuss.

May this month of love be with all of you, may He, as was mentioned recently in my homily, fulfill His mission through you, bringing all to Him, the Son of God.

May the peace of the Lord be with you.

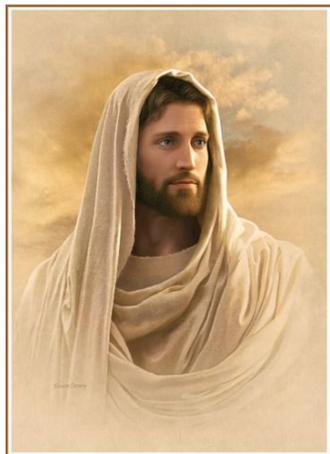
Fr. Carl+

Carl "CJ" Johnson

Your Comfort Corner

The Power to Be Still Before God

In Psalms 46:10 are instructions to "Be still, and know I am God; I will be exalted among the nations, I will be exalted in the earth."



Being still before God is not always understood. Maybe it would be if we just had a switch to pacify ourselves especially during those days and hours of stress or poor health and increased worry about our situations. St. Paul helps us to understand HOW to focus on God and be still before Him: "And now, dear brothers and sisters, one final thing . . . Fix your thoughts

on what is true, and honorable, and right, and pure, and

lovely, and admirable. . . . Then the God of peace will be with you." Philippians 4:8-9 NLT

Be still. This is a call for those involved in the war to stop fighting, to be still. The word still is a translation of the Hebrew word rapa, meaning "to slacken, let down, or cease." In some instances, the word carries the idea of "to drop, be weak, or faint." It connotes two people fighting until someone separates them and makes them drop their weapons. It is only after the fighting has stopped that the warriors can acknowledge their trust in God. For Christians being "still" involves looking to the Lord for their help.

Know that I am God. Know in this instance means "to properly ascertain by seeing" and "acknowledge, be aware." How does acknowledging God impact our stillness? We know that He is omniscient (all-knowing), omnipresent (present everywhere), omnipotent (all-powerful), holy, sovereign, faithful, infinite, and good. Acknowledging God implies that we can trust Him and surrender to His plan because we understand who He is.

If we keep our attention on our problems, they become overwhelming and tend to control our lives. But if we fix our thoughts on God, he becomes magnified in our heart and mind, and we are reminded of who He is and what He is able to do.

When we are still and surrendered to God, we find peace. Remember what Psalm 46:1 says, "God is our refuge and strength, an ever-present help in trouble." Run to Him, lay down your problems and fall into the waiting arms of Jesus! Acknowledge that He is God and that He is exalted in the earth. Be still and know that He is God.

POWER STATEMENT: Isaiah 26:3 says, "You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" (NLT)



FEBRUARY 2019

### LAYREADER SCHEDULE

- February 3 – Bob Bell, David Chambers
- February 10 – Darin Freeland, April Dobbs
- February 17 – Rebecca Spencer, Cathy Johnson
- February 24 – Bruna Kibby, Rick Dobbs



February 20 — Vi Warren  
 February 23 — Yasmin Jordan  
 February 25 — Nancy Cornwell



### The Order of The Daughters of the Holy Cross

Interested in becoming a Daughter of the Holy Cross? Candidates for Daughters gather for prayer and bible study. If you are interested, please contact Sally Chambers at 916-434-6260 or email dschamb@starstream.net.

Daughters of the Holy Cross meet the second Monday of each month. We have had an extra meeting for our study group for new applicants. In March we will be back to one meeting a month. **February meetings will be Monday, February 11 and Monday, February 25th.**

#### Vision Statement

The vision of The Order of the Daughters of the Holy Cross is to gather Anglican women and girls into a nurturing and empowering community called to be servants of Jesus as He unites and builds up his body, the Church.

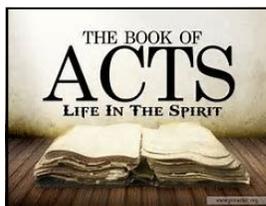
The Order of the Daughters of the Holy Cross is composed of women who have committed their lives to the work and service of our Lord Jesus Christ. We pray daily for our church, its clergy, the Order and others in need. With the guidance of the Holy Spirit, we reach out to those who do not know Jesus and share His message of salvation through word and deed. We equip ourselves with the powerful sword of truth as contained in the Holy Bible.

*In December the Daughter's met for lunch to plan their Christmas giving program. Left to right: Sally Chambers, Kaye Chiles, Diane Thomas, Cathy Johnson, Susan Schnetz and Carol Lyon.*



We wear our cross as a symbol of Jesus sacrifice and our need for Him to be in our daily lives, and we become encouraged and strengthened in community with our sisters. We welcome all Anglican women and appreciate your interest in the Order of the Daughters of the Holy Cross. The Order provides a community in which you can fulfill a lifetime vow to the Lord and Savior, Jesus Christ. The Order's four-fold vow consists of Prayer, Service, Study and Evangelism. Every member is assisted to earnestly develop in each of these areas.

Source: <http://www.daughtershc.org>



Bible study on **February 6th** is hosted by David and Sally Chambers. Our study is in the Book of Acts, led by Kent McClain. Come and join us in the parish hall at 6:30 pm.

Acts is the only biblical book that chronicles the history of the church immediately after Jesus's ascension. As such, it provides us with a valuable account of how the church was able to grow and spread out from Jerusalem into the rest of the Roman Empire.



**Something to think about** -- In our world of cell phones, we sometimes get absorbed in texting instead of enjoying life outside of our electronic world. One company has kept track of their customer's texting: "Last year, our customers sent 363 million texts. With an average text being about 7 words, they would have filled around 25,000 novels." Compare this with the King James Bible: There are 783,137 words in this translation. How many words is that? If you can type at 60 words a minute, it would take you just over **217.5 hours** to retype the entire Bible.